

BHA NEWS

400 TOWERS
October 2026



IMPORTANT!

**BHA
ANNOUNCEMENTS**



A/C UNIT REMOVAL

October 15th and 16th starting at 9:00am

**PLEASE MAKE SURE TO HAVE ALL
THINGS CLEARED FROM YOUR
ENTIRE WINDOW AREA!!**

If we have to come back, **you WILL BE
CHARGED!**

The OFFICE is CLOSED October 12th!

SPECIAL EVENTS

- 10/1 from 10am-3pm Health Fair
- 10/8 at 10:30am Curbside Market
- 10/15 at 2:00pm OFA Medicare Changes
- 10/19 at 2:30pm GCASA Recovery Awareness
- 10/20 from 10:00am-12:30pm Medicare/Medicaid Tabling
- 10/27 at 2:30pm- Diabetes Prevention Class

**CASE MANAGER
(EMILY)**

**Coming
Soon!**

CHANCE TO  A PRIZE!!!!

We are starting something new!

Look for this:

**Health
is wealth**

If you see that picture on an event flyer on a bulletin board and you come to that event, your name will be put into a drawing and at the end of the month, I will pick a name to win a prize basket.

*The more events you go to, the more times your name will be entered in the drawing!

If you have questions, see Emily!

City Church Thanksgiving Dinner

To make sure that everyone can get a
FREE dinner from City Church,
please sign-up on EMILY'S DOOR by

OCTOBER 25th!



ACTIVITIES

Weekly Activities

Nickel Bingo

Mondays at 11:00am-12:15pm

Pokeno

Wednesdays at 1:00pm

Regular Bingo

Fridays at 11:00am- 2:00pm

Nickel Bingo

Saturdays at 1:00pm

Special Activities

Chili Cook-Off



See page 5 for more information!

Bus Trip to Golden Corral Buffet



October 6th

Bus Leaves at 1:00pm



You are responsible for paying for your lunch.



Pumpkin Painting



Thursday October 22nd
at 1:30pm



Halloween Movie Night

October 31st at 4:00pm



Monthly Events

Bible Study

Tuesday, October 8th from 3-5:00pm
Tuesday, October 22nd from 4-6:00pm.
See Cheryl Talone if you have any questions.

Resident Council

October 13th at 3:00pm

Haircuts

The hairdresser is Kellie she charges \$15.00.

This month she is coming **October 6th**.
The sign-up sheet is on Emily's door.

NEW

Diabetes Prevention Class

October 27th at 2:30pm

Sherri will be starting a diabetes prevention class. You do not need to have diabetes to come. Anyone can come!

Curbside Market

October 8th 10:30am





October Birthdays



Diane Nicholas	10/2	304
Elizabeth Ratulowski	10/3	624
Ann Sumeriski	10/6	524
Lana Corcoran	10/10	509
Annette Eleccko	10/10	427
Sandra Homer	10/14	626
Karen Caffery	10/17	805
Irene Gravanda	10/19	401
Julia Scalia	10/19	507
Mary Jones	10/21	622

Building Reminders



Quiet hours are from 10:00pm - 7:00am

Laundry

Scented beads go INTO the washer. NOT the liquid detergent spot.

Please, wipe out washers when done.

Scooters

Your scooter needs to be parked/charged in your apartment. **NOT** in the hallways!



FREE Rabies Clinics October 8th



4-6:00pm at the Fairgrounds
5056 East Main Street Road
Batavia, NY 14020

Make sure your pets are up to date with their rabies vaccine!



New Residents!

Timothy Wilkosz	9/22	521
Mary Hubbard	9/23	505
Mary Graham	9/25	722
Adrian Laird	9/29	802
Sandra Homer	9/30	626

BILLS GAME Football Squares

There will be a football pool—\$1.00 per square, per game, as long as all squares are sold. See Fred Gundell apt. 324. He will also be in the waiting area with the squares- from 11:00am to 1:00pm.

Snack Shop

Mondays, Wednesdays and Fridays



10:00am to 12:00pm

1:00pm to 3:00pm



10/17 and 10/18 open from 9am-1pm



Bake Sale Donations



November 2nd

10:00am until sold out

If you would like to donate a baked good item it **MUST** be something that **DOES NOT** require refrigeration.

You can donate:

- Cakes
- Cookies
- Muffins
- Brownies
- Cupcakes
- Bread



Kitchen



The kitchen is closed until further notice!
If anyone is interested in running the kitchen, see Crystal!

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 1:00pm -3:00pm Health Fair 	2	3
4 1:00pm Bills Game Potluck	5	6 Haircuts 1:00pm Bus Trip to Golden Corral 3-5:00pm Bible Study	7 11:00am Quit Smoking Support Class  LAST DAY TO PAY RENT	8 10:30am Curbside Market 2:00pm Trivia	9 11:00am Double Header Bingo	10
11	12 8:15pm Bills Game Potluck OFFICE CLOSED	13 3:00pm Resident Council	14	15 2:00pm OFA Medicare Changes 	16	17 Snack Shop Open 9:00am-1:00pm
18 4:25pm Bills Game Chili Cook-Off  Snack Shop Open 9:00am-1:00pm	19 2:30pm GCASA Recovery Awareness 	20 10:00am-12:30pm Medicare/Medicaid Tabling 3-5:00pm Bible Study	21	22 1:30pm Pumpkin Painting 	23	24
25	26	27 2:30pm Diabetes Prevention Class 	28	29 12:00pm Activities Committee Meeting	30	31 Halloween Party! 



CHILI COOK-OFF



October 19th

Chili will be served during the Buffalo Bills Game at 4:25pm for \$2.00 per bowl for all residents to enjoy!

Rules to Enter the Contest

1. **To enter, you must sign-up and get a number from Emily before October 16th!** On game day we are trying to keep each chili entry a secret to be fair to everyone. PLEASE DO NOT SHARE YOUR NUMBER WITH ANYONE.
2. People who enter the contest must bring their Chili to the Community Room and plug it into the assigned station with your number on it before 12:00pm.
3. Any entry not signed up by October 16th WILL NOT be eligible for prizes. Feel free to bring your chili down for your neighbors, you just will not be able to win a prize.
4. Your chili will be sold after the contest during the game for \$2.00 per bowl and the money will go to Resident Council to help pay for the DJ at the Christmas Party.
5. Winners will be announced before kick-off. Chili will be sold at the convenience of the Activities Committee.

Cook-Off Prizes

- 1st Place- \$25.00 Ficarella's gift card
- 2nd Place- \$15.00 Subway gift card
- 3rd Place- \$10.00 Domino's gift card

